

<b>Position Title:</b>	Mental Health Clinician - Primary Mental Health Team		
<b>Department:</b>	Primary Mental Health Team	<b>Cost Centre:</b>	SH0458
<b>Enterprise Agreement:</b>	Victorian Public Mental Health Services Enterprise Agreement 2020-2024 or Medical Scientists, Pharmacists and Psychologists Victorian Public Sector (Single Interest Employers) Enterprise Agreement 2021-2025		
<b>Classification:</b>	Registered Psychiatric Nurse Grade 3, Allied Health Professional/Psychologist Grade 2		
<b>Reports To:</b>	Manager - Primary Mental Health Team		
<b>Infection Control Risk:</b>	Category A - Direct patient contact		

## Primary Purpose

Primary Mental Health Team (PMHT) clinicians play a critical role in providing assessment, treatment and consultancy support to consumers who experience a 'high prevalence' mental health disorder, including but not restricted to depression and anxiety. Consumers are referred to the PMHT by their treating General Practitioner (GP), and are predominantly reviewed by PMHT clinicians co-located in General Practice. Working closely with the consumer and their referring GP, PMHT clinicians undertake a caseload, offering assessment and treatment recommendations, and short to medium term episodes of care.

PMHT clinicians additionally provide consultation support and education and training to other primary care providers. Consultation support to other primary care providers in particular enables the provision of specialist mental health consultation to consumers otherwise not directly engaged in treatment support by General Practice.

## Accountabilities and Key Results Areas

- Undertake a caseload within a consultancy model, providing clinical consultancy and advice to primary and specialist care providers.
- Deliver and review evidence based treatments to consumers within the primary care sector, and / or in other settings as indicated by clinical guidelines; such interventions will include assessment, and short and medium term (treatment) service delivery.
- Establish and maintain regular liaison with General Practitioners, and a broad range of community based agencies to assist with service development and provision.
- Provide General Practitioners and other primary care providers advice, consultation, and training as required.
- Develop, deliver and evaluate training and education programs as required.
- Work with consumers in a range of settings, predominantly in General Practice, in a manner that promotes hope, self-identity, meaning and personal responsibility.
- Undertake role in a manner that is recovery oriented and trauma informed.
- Liaise with other community groups, agencies, individuals and networks to enhance service integration and educate other services about mental health issues.
- Complete all documentation according to legislative and service requirements, including direct data entry, completion of Electronic Health Record (EHR) entries, CMI contacts and outcome measures.
- Ensure an understanding and application of all relevant protocols and legislation.

South West Healthcare reserves the right of amendment, addition or deletion to this position description as it considers necessary to serve the best interests of the organisation.

## Generic Responsibilities and Accountabilities

Comply with all relevant legislative requirements, organisational policies, by-laws, standing orders, vision or mission statements and values including, but not restricted to:

- Attending orientation/induction or other mandatory training and relevant Health Safety updates in areas such as Fire, Emergency Responses and Manual Handling
- Infection Control policies
- Confidentiality policy and privacy legislation
- Occupational Health and Safety policies and regulations
- Guidelines of the State Services Authority including the public sector

- Employment principles and Code of Conduct
- Fire, disaster and other emergency procedures
- Smoke Free Campus policy
- Risk Management policies and guidelines
- Consumer Participation Strategy
- Current Immunisation status in alignment with South West Healthcare's Immunisation policy
- Promote the organisation in a positive manner
- Participate as a cohesive member of the health care team
- Respect the rights of individuals
- Provide a child safe environment
- Participate in Continuous Quality Improvement within the organisation
- Accept responsibility for your own personal belongings
- Respect and appropriately care for the organisation's property and equipment
- Actively participate in an annual Staff Development Review.

### Key Relationships

<b>Internal:</b>	Manager Primary Mental Health Team (PMHT), Primary Mental Health Team clinical staff including team Consultant Psychiatrist, Perinatal Emotional Health Program (PEHP) clinical staff Other Mental Health & Wellbeing Services clinical teams / staff including but not restricted to Centralised Triage, Child & Adolescence Mental Health & Wellbeing Services, Adult and Older Persons Mental Health & Wellbeing Services. SWH Social Work Department personnel.
<b>External:</b>	General Practitioners, Alcohol & other drug (AOD) treatment services, Healthcare services located within South West Healthcare's catchment region, Generic individual and family support agencies, Department of Health and Human Services; Consumer support and advocacy groups.

### Position Impact

**Direct Reports:** NIL

**Budget:** NIL

### Selection Criteria

- Appropriate tertiary qualifications, AHPRA Registration where required and/or registration with relevant board or association:
  - o Nursing
    - Registration with the Australian Health Practitioner Regulation Agency as a registered nurse; and
    - At least 2 years' experience in the provision of mental health services, and
    - (Desirable) Completion of either Post Graduate Diploma in Mental Health Nursing or completion of a specialist undergraduate Mental Health Nursing program.
  - o Allied Health
    - Occupational Therapy – Degree in Occupational Therapy and registration with the Australian Health Practitioner Registration Agency, or
    - Social Work – Degree in Social Work & eligibility for membership of the Australian Association of Social Workers, or
    - Psychology – Registration with the Australian Health Practitioner Regulation Agency as a Psychologist.
- Experience in treatment interventions appropriate to anxiety and depression.
- Demonstrated skills and broad experience in the provision of mental health services and or psychological support to consumers.
- Proven ability to work within a team based multi-disciplinary model.
- Excellent written, communication and interpersonal skills and initiative with proven ability to work autonomously and with a multidisciplinary team.
- Ability to work with limited direction, be self-motivated, and provide effective problem-solving, negotiation and change management skills.
- An ability to provide initiative and innovation and to work in a changing environment with flexibility and problem solving skills.
- Sound knowledge of current mental health trends, legislation and relevant policy directions of mental health services.
- Current valid driver's licence

### Approvals

<b>Employee's Signature:</b>		<b>Date:</b>	
<b>Manager's Signature:</b>		<b>Date:</b>	